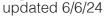
# **Delivery / Pick-Up Menu**





Minimum 4-servings (unless otherwise noted) per entree. Anything can be customized. Just ask! Everything is ala carte. Pricing based on selection made, then by headcount. Email Chef Lauren for a quote minimim 2-3 days before you need it: LaurenMc123@gmail.com

# **ENTREES**:

## Poultry --

\*Chicken Parmesan, Spaghetti Marinara \*Caprese-stuffed Chicken \*Pecan Crusted Chicken, maple dijon \*Cajun Chicken Pasta \*Chicken Tetrazinni (Chkn Spaghetti) \*Mushroom Chicken Marsala \*Cheesy Chicken Enchilada Bake Chicken & Broccoli Wild Rice Casserole Pork --\*Chicken Tikka Masala (mild Indian curry), rice \*Chicken Pot Pie (min.6 servings) Herb-Roasted Whole Chicken Grilled BBQ Pineapple Chicken Sweet n' Sour Chicken, rice Green Chile & Feta Turkey Burgers (uncooked) \*Shredded Chicken Tacos or Chicken Fajitas with Fixin's Mediterranean Chicken w Artichokes, Tomatoes, kalamata olives, garlic Baked Chicken: Pesto n' Roasted tomatoes OR Spinach-Artichoke Chicken, Zuchinni, Eggplant, Roasted Tomato Bake over spinach or kale (paleo)

### Beef --

\*Mamma's Meatloaf \*Baked Ziti Bolognese SW Beef n' Rice-stuffed Bell Peppers Pot Roast with Carrots, Potatoes \*Steak Fajitas or Beef Tacos with Fixin's \*Classic Bolognese (or Veggie) Lasagna \*Grilled Flank Steak with Chimichurri \*Beef Stroganoff over egg noodles \*Shepherd's Pie w/ Garlic Mash or Sweet Potatoes Spaghetti with Homemade Meatballs Zuchinni "Zoodles" n' Homemade Meatballs

# Vegan and Vegetarian menus also available. \*Starred dishes are Customer Favorites.

To Order, E-mail Chef Lauren @LaurenMc123@gmail.com

**Dont See What You Want?** 

Special Requests, Family Recipes, Dietary Restrictions, Personal Preferences, etc. available!

> **Customized Menus** to Fit Your Needs!

Seafood --\*Maple Dijon Salmon (uncooked) Lemon-Garlic Cod Shrimp Scampi, angel hair pasta \*Citrus Shrimp n' Veg skewers Seared Tuna over soba noodles (cold)

Blackberry-Chile Pork Tenderloin (mild) Cuban Mojo Pork Loin \*Shredded BBQ Pork Sliders (or Tacos) Pork Ribs, BBQ sauce Asian Pork Stir Fry, rice

# Delivery / Pick-Up Menu

#### SIDES:

All sides can be made: low fat, gluten free, nut-free, low sodium, vegetarian, paleo, etc. Just ask!

### Starches --

\*Garlic Mashed Potatoes \*Maple-Pecan Sweet Potatoes \*Roasted Parmesan Red Potatoes Pasta with Sauce (Alfredo, Marinara, Pesto) Homemade Mac-n-Cheese Cilantro Brown Rice Potato Salad Quinoa and Roasted Veggies Herb Wild Rice with Mushrooms Creamy SW Green Chile Rice \*Wild Rice, Roasted Butternut Squash, Cranberries

### Veggies --

Creamed Corn \*Green Beans & Mushrooms \*Roasted Seasonal Veggie Medley \*Slow-Simmered Black Beans \*SW Corn Saute \*Zucchini & Yellow Squash Saute \*Curry Roasted Cauliflower \*Sugar Snap Peas & Carrots (seasonal) Southern-Style Black Eyed Peas Garlikv Sauteed Greens Baked Beans with Bacon \*Roasted Brussels Sprouts with Bacon \*Balsamic-Parmesan Brussels Sprouts \*Roasted Asparagus with Lemon \*Cauliflower & Parsnip Puree \*Roasted Root Veggies (seasonal) \*Honey-Thyme Roasted Butternut Squash Zoodles with choice of sauce

## SALADS:

\*House (romaine, tom, cuc, carrot) \*Caesar, croutons, dressing \*Greek (feta, olives, tom,cuc, onion) \*Kale, Brussels, goat, cran, lemon vin \*Beet, goat, spinach, onion, balsalmic \*SW Slaw cilantro vin \*Creamy coleslaw Tom/Cuc/Onion, red wine vin Pasta Salad, balsalmic Macaronni Salad

Tuna Salad Chicken Salad (no nuts, no fruit) Egg Salad Ham Salad

#### Homemade Dressings:

BalsalmicVinaigrette Lemon-Honey Vinaigrette Cilantro Vinaigrette Red wine vinaigrette Caesar Ranch Blue Cheese

LaurensKitchenEdwards.com



# Delivery / Pick-Up Menu

### **Desserts:**



Blueberry or Apple Crisp Chocolate Mousse cups with Raspberry Bread pudding with chocolate and nuts, Rum whipped cream Peach cobbler, Vanilla ice cream (some assembly required) Chocolate Chip (or other assorted) Cookies Individual Chocolate molten cakes Chocolate dipped strawberries, Fruit Cheesecake with Berry compote Pumpkin mousse cups (holiday only)

## **KIDS MENU:**

### **Entrees:**

Pasta and Sauce (marinara, alfredo, pesto, butter) Mac n Cheese Chicken or Cheese Quesadillas Homemade Chicken strips Baked Chicken Breast Hot Dog

**Sides:** Steamed Broccoli, Sliced Cucumber OR Carrot sticks and Ranch, Mashed Potatoes, Buttered Corn, Sauteed zucchinni, Cinnamon Apple Slices, Tortilla Chips

# FEES:

**Delivery**/**Drop-off:** \$65-75 (depending on location) *All food is prepared fully and only needs to be reheated, Instructions included on packaging.* 

**Chef On-Site:** \$65-75 / hour (depending on time of year) *Includes: set-up, cooking, serving and clean up. Cancels delivery fee. Minimum 2-hours.* 

Additional Waitstaff / Bartender: \$60-70/hr

## Tips:

20% Gratuity is added on to parties of 10 or more. Additional tip is greatly appreciated for exceptional service.

# TO ORDER:

Please, <u>E-mail Chef Lauren @ LaurenMc123@gmail.com</u> at least 2-3 days before you know you need it; and as much notice over holidays. Include your service date, headcount and preferred selections. www.LaurensKitchenEdwards.com